

Hit List

Great ideas, hot news, latest releases



Osteopathy for all ages

Osteopathy Pain Relief Centre (OPRC) is one of Singapore's leading osteopathic centres and offers a relaxing ambience as well as flexible operating hours – ideal for those with busy schedules. Osteopathy helps heal your body effectively and safely – without the use of drugs – and is extremely suitable for both children and adults. Located in the Central Business District area, *OPRC* has a team of highly experienced practitioners who'll carefully examine the root of the problem and enable pain relief through diagnosis, treatment and advice. **3 Pickering Street, #01-09 Nankin Row. Tel: 6327 8545, www.osteopath.com.sg**

The latest cut

TONI&GUY have a sizzling new style for summer with sleek renovations to the Holland Village salon and the opening of a third, new outlet in Siglap. Located in a unique heritage shophouse, *TONI&GUY's* East Coast offering continues to provide the group's excellent range of hairdressing services, plus nail services, complimentary chauffeur service and a garden café to complete the pampering experience. **EAST COAST 170 East Coast Road, Tel: 6345 0208. HOLLAND VILLAGE 24B Lorong Mambong, Tel: 6466 2660. ORCHARD 260 Orchard Road, #03-03 The Heeren, Tel: 6835 4556.**



Spanish for kids – olé!

If your child's a fan of *Dora The Explorer* and has a love for all things Spanish, they're sure to enjoy the interactive Spanish language classes for kids aged three to 16 years offered at **Las Lilas School mini**. *Las Lilas* is the first and only school in Singapore exclusively devoted to the teaching and learning of Spanish language and culture. All teachers are native Spanish speakers registered with the MOE and students interact in Spanish from their very first lesson. Adult classes are also available. **#08-05 180B Bencoolen Street. Tel: 6333 3484, www.lasilasschool.com, Email: enquiries@laslilasschool.com**

Doorway to India's past

Adityaa Homes sources original period furniture from southern India, dating back to the Marathas Dynasty (1676 to 1855). Discover exquisite palace courtyard doors, four-poster and rosewood beds and much more – all created by master craftsmen more than 200 years ago. With a focus on heirloom pieces reminiscent of the days of the Maharajahs, *Adityaa* updates heritage pieces for the 21st century – using an original rosewood crib as the base of a glass-topped coffee table or a bullock cart wheel as a dining table.

You'll also discover exquisite southern Indian jewellery and accessories, from elegant evening bags, woven silk saris and table linen, to vintage English china from India's colonial period. Home furnishings such as cotton and silk cushion covers, pots and jars are also available. Free delivery is offered for all purchases above \$500 and *Adityaa* is open Monday to Saturday from 10am to 6pm, or on Sundays by appointment. **6 Tagore Drive (off Upper Thomson), #03-01 Tagore Industrial Building. Tel: 9067 3672.**

Bags of style

LULU Australia recently opened its first stand-alone boutique in the world right here in Singapore at Holland Village! To celebrate, the new Vintage Collection features retro prints, sassy stripes and paisley swirls in mix and match handbags and accessories – including wallets, scarves, beach bags and totes. From casual chic to cocktail glam, *LULU's* got you covered. **211 Holland Avenue, #03-18 Holland Road Shopping Centre. Tel: 6467 7236, www.luluaustralia.com.sg**



Sweet dreams for tots

ni-night offers a stylish range of reasonably-priced children's bedroom furniture, linen and accessories, providing great functionality, durability and appeal. Discover natural or solid white-satin wooden bedroom furniture including beds, cots, change tables, cupboards, drawers and bedside tables in varying designs. Made in Indonesia, this quality furniture range is sanded and painted by hand to international safety standards and can be dismantled for ease of transportation and assembly.

You'll also find nursery linens of the finest quality for newborns and upwards, funky patterned bowls and cutlery in attractive colours, soft teddy bears, bibs, muslin wraps, decorative paintings and pyjamas and night shirts made of soft cotton. Open Tuesdays, Thursdays and Saturdays from 9am to 5pm, or by appointment. **9 Margate Road. Tel: 9829 7961, www.ni-night.com, Email: majella@ni-night.com**

INSPIRING READ

Stella's Mum Gets Her Groove Back

Elisabetta Franzoso, \$28.80



Available at all bookstores, www.stellasmum.com

In **Stella's Mum Gets Her Groove Back**, author Elisabetta Franzoso – a successful workshop leader, coach and trainer based in Singapore – reveals how she

successfully broke the cycle of abuse, denial and emotional addiction prevalent in her family for generations. A great read for those desperate not to repeat history – but unsure of how to initiate lasting change – this inspirational and confronting real-life account is a testimony of how love, faith and hope can triumph over denial, guilt and shame. By changing herself from the inside out, follow Elisabetta as she transforms her life into one of love and self-awareness, resurrecting her marriage and altering her daughter's destiny along the way. **To win one of 10 free copies, send your details to TheFinder@acpmagazines.com.sg today!**

